

ALÉRGENOS SUMMER.

Allergens.
Summer 2026.

	Apio / Celery	Gluten	Crustáceos / Crustaceans	Huevos / Eggs	Pescado / Fish	Altramucos / Lupin	Leche / Milk	Moluscos / Molluscs	Mostaza / Mustard	Frutos con cáscara / Nuts	Cacahuetes / Peanuts	Sésamo / Sesame	Soja / Soy	Sulfitos / Sulphites
PARA COMPARTIR / TO SHARE	Ajoblanco con tomates									●			●	●
	Boniato cakes			●			●			●		●		●
	Ben's sweet potato fries									●			●	●
	Hummus to share		T							●		●		T
	Crudités	●												
MARKET PLATES	Ensalada base market / Market salad base								●			●	●	●
	Ensalada de legumbres / Grain salad									●				●
	Pan / Bread		●	T			T			T		T		
GARDEN BOWL	Spicy feta bowl						●		●	●	T	●	●	●
	Latin lover									●			●	●
	Stracciatella bowl						●		●	●				●
	Ginger honey goat						●			●			●	●
	Avocado supergreen									●	T		●	●
PROTEÍNA / PROTEIN	Falafel											●		
	Pollo piri piri / Piri piri chicken									●			●	●
	Pollo limón / Lemon mustard chicken								●				●	●
	Herb tofu											●	●	●
	Ternera chimichurri / Chimichurri steak	T							●			T		●
	Tataki de atún** / Tuna tataki**			T	●			T				●	●	●
	Honest salmon			T	●			T				●	●	
	Hot honey halloumi						●						●	●
GUARNICIONES / SIDES	House hummus	T								●		●		T
	Patatas mayonesa trufada / Potatoes truffle mayo												●	●
	Street corn						●			●		●	●	●
	Greek rice						●							
	Guacamole nikkei													
	Ceviche plant-based									●		●		
	Melocotones de temporada & labneh / Labneh fennel & peaches						●			●		●	●	
	Boniato & summer corn purée									●		●		
	Verduras de temporada / Seasonal veggies								●					●
SALSAS / SAUCES	Mayo trufada / Truffle mayo												●	●
	Alioli plant-based												●	●
	Smoked olive oil butter						●							
	Fermented chilli jam													●
	Chipotle mayo												●	●
	Tahini											●		

** El **atún** que utilizamos ha sido sometido a un tratamiento de congelación a -20° durante un mínimo de 24h. / T Indica **trazas** no intencionadas del alérgeno según información de nuestros proveedores. Aunque aplicamos medidas de control y buenas prácticas de higiene, puede producirse **contaminación cruzada** durante la preparación de los platos.

** The **tuna** we use has been subjected to a freezing treatment at -20°C for a minimum of 24h. / T Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALÉRGENOS DESAYUNO.

Allergens.
Breakfast 2026.

	Apio / Celery	Gluten	Crustáceos / Crustaceans	Huevos / Eggs	Pescado / Fish	Altramucos / Lupin	Leche / Milk	Moluscos / Molluscs	Mostaza / Mustard	Frutos con cáscara / Nuts	Cacahuetes / Peanuts	Sésamo / Sesame	Soja / Soy	Sulfitos / Sulphites
TOSTADAS / TOASTS	Loaded tomato toast	●		●			T			T		T		
	Turkish eggs	●		●			T 1			●	T	T	T	
	Loaded avocado toast	●		●			T			●		T	●	
	Mediterranean eggs benedict	●		●			T			●		T	●	T
	Honest pan tumaca	●	T	T	T		T			T		T	●	
	Avocado toast "bagel"	●		T			T			●		●		
	Smoked salmon florentine	●		●	●		T			●		●	●	
	Hummus toast (app only)	●		T			T				T	●		
HOUSE SPECIALS	Breakfast "tostada"			●									●	●
	Matcha pistachio pancakes		T	●			●			●	T		●	
	Breakfast burrito		●							●			●	●
BOWLS	XL yogurt with fresh fruit					T	1			●	T	●		
	Blueberry chia-pudding		T							●	T	●	●	
	Protein-power overnight oats		T							●	T	●		●
	Açaí bowl			T						●	T	●	T	
EXTRAS	Huevos revueltos dukkah / Scrambled eggs			●						●				
	Huevo poché / Poached egg			●										
	Granola keto / Keto granola			T						●	T	●	T	
	Salmón ahumado / Smoked salmon				●									
	Queso halloumi / Grilled halloumi cheese						●							
	Aguacate / Avocado													
	Doble pan / Double bread		●	T			T			T		T		

¹ Según el tipo de yogurt, contiene: yogur griego, lactosa; yogur de coco, soja. / ^T Indica **trazas** no intencionadas del alérgeno según información de nuestros proveedores. Aunque aplicamos medidas de control y buenas prácticas de higiene, puede producirse **contaminación cruzada** durante la preparación de los platos.

¹ Depending on the type of yogurt, it contains: Greek yogurt, lactose; coconut yogurt, soy. / ^T Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALÉRGENOS DRINKS.

Allergens.
Drinks 2026.

	Apio / Celery	Gluten	Crustáceos / Crustaceans	Huevos / Eggs	Pescado / Fish	Altramucos / Lupin	Leche / Milk	Moluscos / Molluscs	Mostaza / Mustard	Frutos con cáscara / Nuts	Cacahuetes / Peanuts	Sésamo / Sesame	Soja / Soy	Sulfitos / Sulphites
SUMMER SHAKERS	Matcha coconut cloud													
	Espresso coconut cloud													
	Pistacho latte		1				1			●	T		1	
	Ube collagen glow		1				1			1			1	
	Protein cold foam						●							
	Protein matcha cold foam						●							
COLD	Iced vanilla matcha latte		1	T	T	T	1	T		T			1	
	Red berry shaker		1				1			1			1	
	Iced matcha latte		1				1			1			1	
	Fruit matcha latte		1				1			1			1	
HOT	Choco caramel latte									●				
	Mocha caramel latte									●				
VINOS / WINES	Le naturel													
	Le naturel blanco													
	Volador													●
	Volador blanc													●
	Piedra joven eco													●
	Perplejo													●
AGUAS FRESCAS	Blueberries, rosemary and mint													
	Strawberry — ginger lemonade													
	Cucumber mojito													
	Carrot, orange and turmeric													

¹ Según el tipo de leche o bebida vegetal, contiene: leche de vaca, lactosa; bebida de almendra, frutos de cáscara; bebida de avena, gluten; bebida de soja, soja. / ^T Indica **trazas** no intencionadas del alérgeno según información de nuestros proveedores. Aunque aplicamos medidas de control y buenas prácticas de higiene, puede producirse **contaminación cruzada** durante la preparación de los platos.

¹ Depending on the type of milk or plant-based drink, it contains: cow's milk, lactose; almond drink, nuts; oat drink, gluten; soy drink, soy. / ^T Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALÉRGENOS HONEST BITES.

Allergens.
Honest Bites 2026.

	Apio / Celery	Gluten	Crustáceos / Crustaceans	Huevos / Eggs	Pescado / Fish	Altramucos / Lupin	Leche / Milk	Moluscos / Molluscs	Mostaza / Mustard	Frutos con cáscara / Nuts	Cacahuetes / Peanuts	Sésamo / Sesame	Soja / Soy	Sulfitos / Sulphites
HONEST BITES Chocolate chip cookie		T		T						T			T	
Cookie de frambuesa y pistacho / Raspberry and pistachio cookie		T								●	T		T	
Yellow carrot chai cake		T		T			T			●	T		T	
Marbled chocolate and tahini cake with coffee glaze		T		T			T			●		●	T	●
Banana bread		T		T			T			●	T			
Raw chocolate duo		T		T			T			●	T			
Shoyu pecan pie		T					T			●			●	
Miso koji apple pie		T		T			T			●	T		●	
Chocolate avocado mousse with olive oil & maldon salt				T			T			●			●	
Pistachio matcha overnight protein oats		T	T		T		T			●	T	T	T	
Raw maca coconut bar		T		T			T			●	T		●	
Lime pistachio bar with raspberry white chocolate				T			T			●	T		T	
Orange protein power		T		T			T			●	T		T	●
Matcha protein power		T		T						●	T	T	T	
Cocoa protein power		T								●	T	●		
Pesto veggie tofu				●						●		●	●	
Breakfast egg gouda				●			●			●		●	●	
Chicken harissa club				●			●		●	●		●	●	●

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