

# ALLERGENS SUMMER 2026.

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
<b>TO SHARE</b>	Summer tomatoes & white gazpacho									•			•	•
	Sweet Potato Cakes			•			•			•		•		
	Ben's sweet potato fries		T						T	T	T	T	•	•
	Hummus to share									•		•		•
	Crudités	•												
<b>MARKET PLATES</b>	Market salad base		T						•	•	T			•
	Grain salad		T							•	T		T	•
	Bread	T	•	T		T	T	T	T	T	T	T	T	T
<b>GARDEN BOWL</b>	Spicy feta bowl	T	T				•		•	•	T	•	•	•
	Latin lover	T	T						T	•			•	•
	Stracciatella bowl						•			•	•			•
	Ginger honey goat		T				•			•	T	T	T	•
	Avocado supergreen	T	T				T		T	•	T	T	•	•
<b>PROTEIN</b>	Homemade falafel		T						T	T	T	•	T	
	Charcoal-grilled piri piri chicken		T						T	•	T	T	•	•
	Charcoal-grilled lemon-mustard chicken		T						•	T	T	T	•	•
	Herb tofu	T	T						T	T	T	•	•	•
	Charcoal-grilled flat iron steak	T	T						•	T	T	T	T	•
	Tuna tataki with aji amarillo**		T		•			T	T	T	T	•	•	•
	Charcoal-grilled miso salmon		T	T	•			T				•	•	T
	Hot honey halloumi							•					•	•
<b>SIDES</b>	House hummus with pistachio									•		•		•
	Smashed truffle potatoes									T			•	•
	Street corn						•			•		•	•	•
	Greek rice						•							•
	Nikkei guacamole													•
	Plant-based ceviche									•		•		•
	Seasonal peaches & labneh						•			•		•	•	•
	Sweet potato & summer corn purée									•		•		•
	Seasonal veggies								•					•
<b>SAUCES</b>	Truffle mayo									T			•	•
	Alioli								T				•	•
	Smoked olive oil butter						•							
	Fermented chilli jam													•
	Chipotle mayo												•	•
	Tahini											•		T

\*\* The **tuna** we use has been subjected to a freezing treatment at -20°C for a minimum of 24h. / T Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

# ALLERGENS BREAKFAST 2026.

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
<b>TOASTS</b>	Loaded Spanish tomato bread	T	●	T	●	T		T	T	T	T	T	●	●
	Turkish eggs	T	●	T	●	T		T <sup>1</sup>	T	●	T	T	T	T
	Loaded avocado scramble	T	●	T	●	T		T	T	●	T	T	●	●
	Mediterranean eggs benedict	T	●	T	●	T		T	T	●	T	●	●	●
	Spanish tomato bread	T	●	T		T		T	T	T	T	T	●	●
	Avocado and bagel seeds	T	●	T	T	T		T	T	●	T	●	T	T
	Smoked salmon florentine	T	●	T	●	●		T	T	●	T	●	●	●
	Hummus toast (app only)	T	●	T				T	T	●	T	●	T	T
<b>HOUSE SPECIALS</b>	Breakfast "tostada"		T		●				T	T	T	T	●	T
	Matcha pistachio pancakes		T		●			●	T	●	T	T	●	●
	Breakfast burrito		●						T	●	T	T	●	●
<b>BOWLS</b>	XL yogurt with fresh fruit						1		T	●	T	●	T	T
	Blueberry chia-pudding		T				T		T	●	T	●	●	T
	Protein-power overnight oats		●						T	●	T	●	T	T
	Açaí bowl		T		T		T		T	●	T	●	T	
<b>EXTRAS</b>	Scrambled eggs with dukkah				●					●				
	Poached egg				●									
	Keto granola		T						T	●	T	●	T	
	Smoked salmon					●								
	Grilled halloumi cheese						●							
	Avocado													
	Double bread	T	●	T	T	T		T	T	T	T	T	T	T

<sup>1</sup> Depending on the type of yogurt, it contains: Greek yogurt, lactose; coconut yogurt, soy. / <sup>T</sup> Indicates the possible unintentional presence of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

# ALLERGENS DRINKS 2026.

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
<b>SUMMER SHAKERS</b>	Matcha coconut cloud													
	Espresso coconut cloud													
	Pistacho latte		1				1			●			1	
	Ube collagen glow		1				1			1			1	●
	Protein cold foam						●							
	Protein matcha cold foam						●							
<b>COLD</b>	Iced vanilla matcha latte		1				1			1			1	
	Red berry shaker		1				1			1			1	
	Iced matcha latte		1				1			1			1	
	Fruit matcha latte		1				1			1			1	
<b>HOT</b>	Choco caramel latte		1				1			●			1	
	Mocha caramel latte		1				1			●			●	
<b>WINES</b>	Le naturel													
	Le naturel blanco													
<b>INFUSED WATER</b>	Bluberries, rosemary and mint													
	Strawberry — ginger lemonade													
	Cucumber mojito													
	Carrot, orange and turmeric													

<sup>1</sup> Depending on the type of milk or plant-based drink, it contains: cow's milk, lactose; almond drink, nuts; oat drink, gluten; soy drink, soy. / <sup>T</sup> Indicates the possible unintentional presence of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

# ALLERGENS HONEST BITES 2026.

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
<b>HONEST BITES</b> Chocolate chip cookie		T					T						T	T
Raspberry and pistachio cookie	T	T							T	●	T	T	T	T
Yellow carrot chai cake	T	T		T			T		T	●	T	T	T	T
Marbled chocolate and tahini cake with coffee glaze	T	T		T			T		T	●	T	●		●
Banana bread		T							T	●	T	T	T	T
Raw chocolate duo		T					T						●	
Shoyu pecan pie		T							T	●	T	T	●	T
Miso koji apple pie		T							T	●	T	T	●	T
Chocolate avocado mousse with olive oil & salt		T		T			T			●			●	T
Pistachio matcha overnight protein oats	T	T		T			T		T	●	T	T	T	T
Raw maca coconut bar	T						T		T	●	T	T	●	●
Lime pistachio and raspberry bar	T	T							T	●	T	T		●
Orange protein power		T							T	●	T	T	T	●
Matcha protein power		T		T			T		T	●	T	T	T	T
Cocoa protein power		T								●		●		T

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