ALLERGENS & MACROS SPRING 2026.

		Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
TO SHARE	Labneh beets & berries							●			●				●
	Crunchy tuna tartare					●								●	●
	Ben's sweet potato fries		T							T	T	T	T	●	●
	Hummus to share										●		●		●
	Crudités	●													
MARKET PLATES	Market salad base		T							●	T	T			●
	Grain salad		T								●	T		T	●
	Bread	T	●	T		T		T	T	T	T	T	T	T	T
GARDEN BOWL	Spicy feta bowl		T					●		●	●	T	●	●	●
	Latin lover		T							T	●	T	T	●	●
	Green harissa bowl	●									●		●	●	●
	Ginger honey goat							●			●				●
	Avocado supergreen							T			●	T	T	●	●
PROTEIN	Homemade falafel		T							T	T	T	●	T	
	Charcoal-grilled piri piri chicken		T							T	●	T	T	●	●
	Charcoal-grilled lemon-mustard chicken		T							●	T	T	T	●	●
	Herb tofu	T	T							T	T	T	●	●	●
	Charcoal-grilled flat iron steak	T	T							●	T	T	T	T	●
	Tuna tataki with ají amarillo**		T			●			T	T	T	T	●	●	●
	Charcoal-grilled miso salmon		T	T		●			T				●	●	T
	Hot honey halloumi							●						●	●
SIDES	House hummus with pistachio										●		●		
	Smashed truffle potatoes	●						●			●	●		●	●
	Asparagus with labneh and pink tahini							●			●		●		●
	Moroccan rice	●								●	●		●	●	●
	Nikkei guacamole														
	Roasted pumpkin and feta							●			●			●	●
	Glazed aubergine with herb salad									●	●				●
	Roasted sweet potato	T	T							●	●	T	●	T	●
	Seasonal veggies									●					●
SAUCES	Truffle mayo							●			●	T		●	●
	Alioli									T				●	●
	Smoked olive oil butter							●							
	Fermented chilli jam														●
	Chipotle mayo													●	●
	Tahini												●		T

** The **tuna** we use has been subjected to a freezing treatment at -20ºC for a minimum of 24h. / T Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALLERGENS & MACROS BREAKFAST 2026.

		Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
TOASTS	Loaded Spanish tomato bread	T	●	T	●	T		T	T	T	T	T	T	●	●
	Turkish eggs	T	●	T	●	T		T 1	T	T	●	T	T	T	T
	Loaded avocado scramble	T	●	T	●	T		T	T	T	●	T	T	●	●
	Mediterranean eggs benedict	T	●	T	●	T		T	T	T	●	T	●	●	●
	Spanish tomato bread	T	●	T		T		T	T	T	T	T	T	●	●
	Avocado and bagel seeds	T	●	T	T	T		T	T	T	●	T	●	T	T
	Smoked salmon florentine	T	●	T	●	●		T	T	T	●	T	●	●	●
	Hummus toast (app only)	T	●	T				T	T	T	●	T	●	T	T
HOUSE SPECIALS	Breakfast "tostada"		T		●					T	T	T	T	●	T
	Matcha pistachio pancakes		T		●			●		T	●	T	T	●	●
	Breakfast burrito		●							T	●	T	T	●	●
BOWLS	XL yogurt with fresh fruit							1		T	●	T	●	T	T
	Blueberry chia-pudding		T					T		T	●	T	●	●	T
	Protein-power overnight oats		●							T	●	T	●	T	T
	Açaí bowl		T		T			T		T	●	T	●	T	
EXTRAS	Scrambled eggs with dukkah				●						●				
	Poached egg				●										
	Keto granola		T							T	●	T	●	T	
	Smoked salmon					●									
	Grilled halloumi cheese							●							
	Avocado														
	Double bread	T	●	T	T	T		T	T	T	T	T	T	T	T

[1] **Depending on the type of yogurt,** it contains: Greek yogurt, lactose; coconut yogurt, soy. / [T] Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALLERGENS & MACROS DRINKS 2026.

		Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
SUMMER SHAKERS	Matcha coconut cloud														
	Espresso coconut cloud														
	Pistacho latte		●					1			●	●		●	
	Ube collagen glow		1					1			1			1	●
	Protein cold foam							1							
	Protein matcha cold foam							1							
SHAKERS	Iced vanilla matcha latte		1					1			1			1	
	Red berry shaker		1					1			1			1	
	Iced matcha latte		1					1			1			1	
	Fruit matcha latte		1					1			1			1	
WINES	Le naturel														
	Le naturel blanco														

[1] **Depending on the type of milk or plant-based drink,** it contains: cow's milk, lactose; almond drink, nuts; oat drink, gluten; soy drink, soy. / [T] Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.

ALLERGENS & MACROS HONEST BITES 2026.

		Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphites
HONEST BITES	Chocolate chip cookie														
	Raspberry and pistachio cookie										●				
	Yellow carrot chai cake										●		●		●
	Marbled chocolate and tahini cake with coffee glaze										●			●	
	Banana bread										●			●	
	Shoyu pecan pie										●				
	Miso koji apple pie										●				
	Chocolate avocado mousse with olive oil & salt										●			●	
	Pistachio matcha overnight protein oats										●				
	Raw chocolate duo														
	Raw maca coconut bar										●			●	
	Lime pistachio and raspberry bar										●				
	Orange protein power										●				●
	Matcha protein power										●				
	Cocoa protein power										●		●		

[T] Indicates the possible unintentional **presence** of an allergen, based on information provided by our suppliers. Although we apply control measures and good hygiene practices, **cross-contamination** may occur during the preparation of dishes.